



Tabita

- **Versorgingsoord**
- **Care Centre**
- **Lehae la hlokomelo**



www.tabitacare.org
info@tabitacare.org

- **O/Hrs 082 775 3187**
- **A/Hrs 081 899 0227**

- Plot 79, Heenarus, Vereeniging
- P.O. Box 28333, Sonlandpark, 1944

COMPANY REGISTRATION NUMBER:
2001/007756/08

Residential care facility for persons diagnosed with psychiatric disorders



We provide care and rehabilitation for persons with the aim of reintegration back into society.

We provide:

- Highest quality care
- Holistic approach
- Balanced meal plan
- Environmental healing and recovery
- Scheduled and controlled medication
- Occupational therapy
- Rehabilitation programs
- Family support and counseling

Background

Established in 1986, Tabita Care Centre is a private, non-profit residential treatment facility located on an 18 hectare property in a rural area of Vereeniging, Gauteng, for adults suffering from severe, persistent mental illness.



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This idyllic setting, along with the accommodation options available and emphasis on healthy food and activities, promotes a sense of peace and security and trust vital for individuals struggling with serious mental illness

Tabita Care Centre offers long term supportive mental illness treatment in 6 residential homes, taking comfort in providing a stimulating and caring environment.

Staff works hard to make residents feel secure, develop their strengths, build new skills and define their paths to wellness and recovery



Programs

Tabita Care Centre offers a variety of psychiatric rehabilitation programs designed to support enhanced behavioural and emotional stability in the lives of adults with mental health disorders. Our programs include:

- Music therapy
- Oxygen therapy
- Social skills
- Mathematical skills
- Physical training
- Brain gym
- Individualized daily living assistance
- Full psychiatric services



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Residents

At Tabita Care Centre we provide psychiatric assistance to adults 18 years and older with primary diagnoses of anxiety, bipolar disorder, major depressive disorder, obsessive-compulsive disorder, panic attacks, schizoaffective disorder and schizophrenia, and who are consistently willing to take prescribed medications. Unfortunately, our residential mental health facilities are unequipped to accommodate individuals who are physically or cognitively challenged, aggressive, actively suicidal, persistently manic, actively abusing substances, requiring medical attention for eating disorders, or are non-compliant with prescribed medications



Tabita Care Centre is registered as a NGO with the Department of Mental Health, licensed to care for 86 adults diagnosed with severe psychiatric disability



"Choose everyday to forgive yourself. You are human, you are flawed, and most of all: worthy of love." Alison Malee



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CONTACT DETAILS:

Postal Address:

P O Box 28333
Sonlandpark
1944

Physical Address:

Plot 79
Heenasrus
Vereeniging
1929

Contact numbers:

Office hours: 082 775 3187
After hours: 081 899 0227
Fax: 086 609 2929

Website: www.tabitacare.org

Enquiries or communication:

Admission & medical matters: healthcare@tabitacare.org
General: info@tabitacare.org or alternatively operations@tabitacare.org

NPO registration: 053-909-NPO

Tax Deductable Donations:

As a registered Section 18A organisation, donations to Tabita Versorgingsoord are tax deductible.